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Post-operative Instructions

Your root canal treatment may take one or more visits to complete. During treatment the diseased nerve will be removed. The root canal will be cleaned, shaped and filled to prevent recontamination of the tooth.

What to expect after treatment.

Cleaning the root canals may cause inflammation of tissue that attach the tooth to the bone. You may experience some discomfort for a day or two for this reason. Over-the-counter analgesics usually alleviate the discomfort.

___ Advil 800 mg. (4 tabs) every 4-5 hours up to 4 times per day. (Advil = Motrin, Ibuprofen = Nuprin)

___ Tylenol extra- strength 1-2 every 4-5 hours

___ Alternate Advil and Tylenol every two hours for severe pain.

___ Advil 600 mg (3 tabs) plus 2 extra strength Tylenol every 4-5 hours up to 5 times a day

Regular Ibuprofen takes 1-1.5 hours to start to work. Advil Liqui-gels can start to give pain relief in 20 minutes.

Do not take Aleve or Ibuprofen products if your allergic to aspirin or have stomach problems. These products should also be avoided if you have asthma.

If the discomfort continues or if you have severe pain or swelling, please call. An antibiotic may be prescribed and must be taken as directed.

Normally, a temporary filling is placed in the tooth between appointments and once the root canal is completed. Remember they are temporary. Once the root canal is done your primary care dentist must place a permanent restoration.

How to take care of your mouth

Avoid chewing or biting directly on the treated tooth until your dentist replaces the temporary restoration. It could hurt for up to 3 weeks if you use it or it might break.

If medication is prescribed take it as directed.

Please call for a follow-up exam 6 months after completion of treatment.

Appointment

date _____ day _____ time _____